

Caruurtadaa ma leedahey TennCare?

- AmeriChoice Middle
- AmeriChoice East
- AMERIGROUP
- PHP
- TennCare Select
- TLC Family Care
- UAHC
- Unison
- BlueCare

**Caruurta leh TennCare waxey heli karaan baadhitaan
TENNderCare la yidhaa oo bilaash ah ilaa iyo 21 jirkooda.**

Ilma kastaa wuxuu u baahanyahey baadhitaan caafimaad, xataa hadii uu u muuqdo in uu caafimaadkiisu buuxo.

Goorma ayey tahey in ilmahaaga loo sameeyo baadhitaan caafimaad oo TennderCare ah?



- Markuu dhasho
- 3-5 cisho
- 1 bil
- 2 bilood
- 4 bilood
- 6 bilood
- 9 bilood
- 12 bilood
- 15 bilood
- 18 bilood
- 24 bilood
- 30 bilood
- Sanad kasta ilaa iyo 21 jir



Maxaa la sameynayaa Baadhitaanka caafimaadka?

- Taariikdaada Caafimaad
- Baadhitaan dhan oo jidhka ah*
- Sheybaadhyo (ku wii loo baahdo)
- Talaalo
- Baadhitaan indhaha iyo Dhagaha ah
- Baadhitaan koriinka ah iyo dabciga (kii loo baahdo)
- Talo ah dhawrida caafimaadka ilmaha

Dhaktarku su'aalahaagana wuu ka jawaabi doonaa.

La hadal dhakhtarkaaga si aad u dhigatid balan.

* Neerestu waxey wediin doontaa ilmahaaga in uu xidho marada loo xidho baadhitaanka.

Hadii dhakhtarku arko dhibaato jirta?

TENNderCare wuu bixin karaa wixii daaweyn ah ama sheybaadh ah ee ku xidhan caafimaadka ilmaha. Waxaa ka mida:

- Daawooyin
- Xoqoda indhaha
- Hadal bar/baanid
- Maqal kalkaal
- Qalitaan ama sariir jiifin
- Daaweyn nafsi ah ama mid maskaxeed

Ma ka warwarsantahey ilmahaaga?

- Ilmahaagu ma leeyahey dhib xaga iskuulka ah ama gurigaba ?
- Ma u muuqdaa ilmahaagu mid madluum ah, cadheysan, baqaya ama kali ah ?
- La hadal dhakhtarka.
- TENNderCare ayaa ka caawinkara helida lataliye iyo gargaarkaleba .

Xasuuso oo sameyso balan Ilkaha ah oo bilaasha!

Caruurtu waa iney aragto dhakhtarka ilkaha lixdii biloodba mar si ilkahoodu u caafimaad qabaan. Dhalaanku waa iney ku arkaan dhakhtarka ilkaha gu' jir.

Si aad u hesho dhakhtar ilkeed, la hadal Doral Dental: 1-888-233-5935.



Ma u baahantahey caawimo Soomaali?

Waxaa ku caawin kara TennCare Advocacy Program:

- Balan looga sameeyo ilmahaaga dhakhtarkiisa.
- Ilmahaaga oo loo helo dhakhtar ilkeed.
- Helida gaadiid ku geeya balanta dhakhtarka. Waxaa gadiidka bixiya TennCare-ka. Dalbo gadiidka goor hore.
- Inantaadu ma doorbidi laheyd dhaktar dhadig ah. Waxaa kale ee lagaa caawinkaraa bedelida dhakhtarkaaga guud iyo helid kuwa gaarka ah(takhasusey).

Lahadal TennCare Advocacy 1-877-652-3054.

Telefoonkani waa bilaash.

TennCare ma ogolaado la dhaqan xaqdaro ah.

Qofna lama takoori karo iyadoo loo nisbeeyey, midab, halkuu ku dhashey, luqad, lab/dhadig, da', diin ama laxaadli'i.

Kani waa baaq ka socda barnaamijka TENNderCare.

For help in English, OR for more copies of this FLYER in other languages,

Please visit the TENNderCare website at <http://www.tennessee.gov/tenncare/tenndercare/index.html>